



World Trauma Day Training: Kintsugi & Healing from Trauma Adapting the lessons of Kintsugi to Trauma Informed Care

FREE: 5.5 IDFPR CEU's for LSW/LCSW, LPC/LCPC, Psychologist, and IAODAPCA (pending)

Join us to explore Kintsugi as a metaphor for healing. Learn how trauma affects self-connection and relationships, understand Bruce Perry's Neurosequential Model, and discover ways to overcome unconscious bias and social stigma. The session covers emotional awareness, Radical Compassion, interconnectedness versus "The Rugged Individual," and the benefits of yoga and somatic healing. Discover the importance of belonging, Brené Brown's BRAVING framework for trust, and the healing power of music and rhythm. Embark on this journey to understand trauma and foster recovery and resilience.




Gary Rukin, LPC, MA, MS

The Trauma-Informed
Coordinator for the McHenry
County Mental Health Board

LOCATION

 McHenry County Mental Health Board
620 Dakota Street, Crystal Lake

DATE & TIME

 Thursday, October 17, 2024
9:00 am - 3:30 pm



Contact Kris Doherty

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[EVENT LINK](#)