

## Mental Health Trends: Addressing High Risk Behaviors Including Self Injury, Eating Disorders, Substance Use, and School Refusal in School and Home Settings

FREE: 3 IDFPR CEU's for LSW/LCSW, LPC/LCPC, Psychologist, IAODAPCA (pending), and CPDU's for School Professionals (pending)

The prevalence of mental health issues among youth and their families is on the rise, highlighting the critical need for early intervention and support in both school and home settings. It is essential for educators, coaches, and parents to adopt effective strategies to intervene with children and teens who are struggling with emotional and behavioral concerns. By addressing these issues early on, we can provide the necessary support to help young people navigate their challenges and foster healthier development.



Jacqueline Rhew , LCPC, CADC

EMOTIONAL WELLNESS
of the Northwest Suburbs

CENTER FOR

## **LOCATION**



## DATE & TIME



Friday, September 27, 2024 9:00 am - 12:00 pm

