

# Trauma Informed Supervision: Strategies to Avoid Burnout▶▶



**FREE: 6 IDFP CEU for LSW/LCSW, LPC/LCPC, and Psychologist**

Therapists working with trauma-affected populations need intentional supervision to address complex client issues and their own emotional and psychological responses. Supervisors must assess these reactions and provide strategies or referrals to ensure wellness and effectiveness.

This workshop will cover key elements of a trauma-informed care system and how supervisors can integrate these into clinical supervision. It will explore alternative approaches, including strength-based methods, reflective supervision, and language adjustments. Participants will also examine trauma through the lenses of gender, race, and class, aligning with social justice principles, and review strategies to address vicarious trauma, compassion fatigue, and promote supervisee self-care.

- Wednesday, March 19, 2025
- 9:00 am - 4:00 pm
- VIRTUAL TRAINING ON ZOOM

**Registration Link ▶▶**



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