



# From Compulsion to Connection: Identifying and Treating Relationship OCD



FREE: 3 IDFPR CEU's for LSW/LCSW, LPC/LCPC, Psychologist, IAODAPCA (pending)

This three-hour workshop is tailored for clinicians who want to expand their understanding of Relationship Obsessive-Compulsive Disorder (ROCD), a subtype of OCD that involves intrusive doubts and compulsive behaviors centered around romantic relationships. ROCD can also extend beyond romantic relationships, affecting familial or work dynamics through similar patterns of doubt and compulsion. Participants will examine the defining features of ROCD, how it affects individuals and their partners, and effective approaches for treatment.

- Friday, May 16, 2025
- 9:00 am - 12:00 pm
- McHenry County Mental Health Board  
620 Dakota Street, Crystal Lake

➢ [Registration Link](#) ➢

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