



# LGBTQIA+ Behavioral Health Seminar

## Empowering Resilience: Addressing Violence and Mental Health Challenges in LGBTQIA+ Communities

FREE: 5 IDFP CEU's for LSW/LCSW, LPC/LCPC, Psychologist, IAODAPCA (pending)

This comprehensive training focuses on enhancing awareness and support for LGBTQIA+ individuals facing critical issues. Participants will engage in breakout sessions covering key topics:

- Understanding Domestic Violence in LGBTQIA+ Relationships: Barriers, Bias, and Support
- Responding to Sexual Violence in the LGBTQ+ Community
- LGBTQIA+ Community and Suicide Risk
- Hope During Uncertain Times

The training also includes instruction in Progressive Muscle Relaxation techniques to promote mental health and wellness.

> Friday, June 27, 2025

> 9:00 am to 3:00 pm

> McHenry County Mental Health Board  
620 Dakota Street, Crystal Lake



**Registration Link**



Training Coordinator

Kris Doherty  
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