

Supporting Students with Anxiety, OCD, and School Refusal: **Effective Assessment and Intervention Strategies at School and Home**



FREE: 3 IDFPR CEU for LSW/LCSW, LPC/LCPC, Psychologist, and ISBE CPDU's for School Professionals (Pending)

More students are facing anxiety-related challenges that impact their learning and well-being. This session equips school-based mental health professionals with practical, trauma-informed strategies to support students dealing with anxiety, perfectionism, OCD, and phobias. Attendees will learn how to recognize these issues across age groups, reduce triggers, support emotional regulation, and foster collaboration with families and educators to create safe, responsive school environments.



> Friday, September 5, 2025

> 9:00 am – 12:00 pm

> VIRTUAL TRAINING ON ZOOM

Registration Link >>>



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