



Understanding ADHD and Executive Functioning: Practical Strategies for Children, Teens, and Adults

FREE: 1 IDFPR CEU for LSW/LCSW, LPC/LCPC, Psychologist, and ISBE CPDU's for School Professionals (Pending)

ADHD affects people of all ages, impacting focus, organization, emotions, and daily life. This session explores how ADHD and executive functioning challenges show up across the lifespan and offers practical, evidence-based tools to support success at school, home, and work. Grounded in strengths-based, neurodiverse-informed approaches, the training promotes self-awareness and independence.



- Wednesday, October 1, 2025
- 12:00 pm – 1:00 pm
- VIRTUAL TRAINING ON ZOOM



Registration Link >>>



Training Coordinator
Kris Doherty
kdoherty@mc708.org

