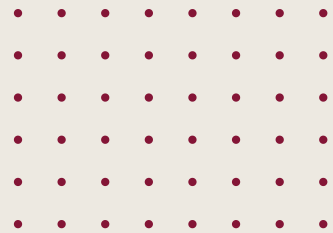




# A TRAUMA INFORMED APPROACH

FREE: 1.5 IDFPR CEU'S FOR LSW/LCSW, LPC/LCPC, Psychologist, and IAODAPCA (Pending)

*Join us for a transformative session on embracing a Trauma Informed Approach. Discover why understanding trauma is crucial, exploring the prevalence of adverse childhood experiences and their consequences. Learn what it means to be trauma informed, leveraging insights from neuroscience and genetics to enhance safety, improve outcomes, and implement this approach in both personal and organizational contexts. Don't miss out on this opportunity to create positive change!*



***This is not a series. This same session is repeated monthly.***

## THURSDAY'S



**Jan 8, Feb 12, Apr 9, July 9,  
Oct 8, Dec 10**



**2:30 pm to 4:00 pm**



**VIRTUAL TRAINING ON ZOOM**

**REGISTER NOW**



**Training Coord: Kris Doherty**  
**kdoheraty@mc708.org**



**Gary Rukin, LPC**

*Trauma Informed Coordinator for the  
McHenry Count Mental Health Board*