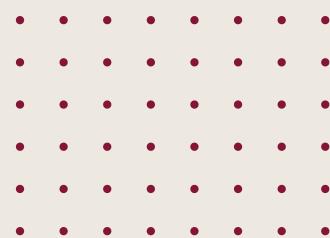




# THE LINGERING SHADOW: NAVIGATING THE DEPTHS OF TRAUMATIC GRIEF

FREE: 3 IDFPR CEU'S FOR LSW/LCSW, LPC/LCPC, Psychologist, and IAODAPCA (Pending)

*This presentation explores traumatic grief as a disabling response to sudden or violent loss, distinguishing it from normative grief and PTSD. It examines how trauma disrupts memory, emotional processing, and identity, while highlighting the influence of cultural and contextual factors and common acute reactions to loss. Healing is presented as a trauma-informed process emphasizing narrative repair, self-compassion, and supportive practices for both clients and clinicians.*



## FRIDAY

 **March 20, 2026**

 **9:00 am to 12:00 pm**

 **McHenry County Mental Health Board**  
620 Dakota Street, Crystal Lake

**REGISTER NOW**



**Training Coord: Kris Doherty**  
[kdooherty@mc708.org](mailto:kdooherty@mc708.org)

**Gary Rukin, LPC**

*Trauma Informed Coordinator for the  
McHenry County Mental Health Board*

