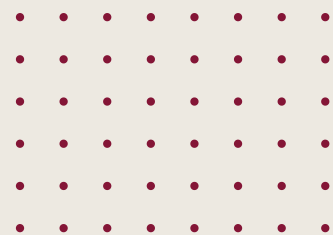




THE LINGERING SHADOW: NAVIGATING THE DEPTHS OF TRAUMATIC GRIEF

FREE: 3 IDFPR CEU'S FOR LSW/LCSW, LPC/LCPC, Psychologist,
and IAODAPCA (Pending)

This presentation explores traumatic grief as a disabling response to sudden or violent loss, distinguishing it from normative grief and PTSD. It examines how trauma disrupts memory, emotional processing, and identity, while highlighting the influence of cultural and contextual factors and common acute reactions to loss. Healing is presented as a trauma-informed process emphasizing narrative repair, self-compassion, and supportive practices for both clients and clinicians.



FRIDAY



March 20, 2026



9:00 am to 12:00 pm



McHenry County Mental Health Board
620 Dakota Street, Crystal Lake

REGISTER NOW



Training Coord: Kris Doherty
kdoherthy@mc708.org



Gary Rukin, LPC

*Trauma Informed Coordinator for the
McHenry County Mental Health Board*